ROADMAP TO THE MATCH



PIER 1 You're here!

PIER 1: Intro to CaRMS

Via a panel of PGY1s, explore how your clerkship experience informs career & elective planning.



PIER 1: Intro to CaRMS

With the same panel, initiate discussion around CaRMS prep, including parallel planning.



PIER 2: **CaRMS**

Common myths and pitfalls.

PIER 2: CaRMS

Learn and understand common strategies for the match.



PIER 2: Career Planning Demonstrate an

understanding of M4 elective planning & career choice.



Continuing from what you learned about career planning in PIER 1, we resume the CaRMS discussion.

1:1 career advising is available upon request.

carms.ca

Become familiar with it!

PIER 3

CaRMS overload! In PIER 3, we will really get into the nitty gritty!

PIER 3: All About CaRMS

Learn UGME's role in the CaRMS process. Hear from program directors and residents on 1st & 2nd iterations, as well as Med 5.

PIER 3: CaRMS Landscape

Development and organization of CaRMS application and match.



CaRMS

Prepare for the Match!

Personal letters, CVs, Interview Prep



Match Day!



Lock it in!

Become familiar with the CaRMS timeline. including deadlines for applications, the interview period and first and second iteration Match Days.



Other Sessions

In addition to PIER 1, 2 &3, Student Affairs will host dropin sessions related to personal letters and CVs. There will also be interview prep hosted by the CMA and mock interviews with PGY1s, organized by SA.





We are here to support you throughout this process, so contact us anytime!

